



Winter 2026 registrations - Opening 8th December 2025 (GO competition program)

## Would you like to participate in the NetSetGO program for 2026?

If you would like to play, please click on one of the registration links on Montrose Netball Club website to complete the registration process. Alternatively, you can click or copy the below address into your internet browser:

**Net (5 to 6 years) - Activity / Skills**

**Set (7 to 8 years) - Activity / Skills**

Location: not currently available

Session duration: not applicable

Registration Link: not applicable

Our club will not be offering an activities program for Winter 2026. Please direct any enquiries through to LYVNA who are running Net & Set.

Link: <https://www.lyvna.com.au/netsetgo-net-set-program>

**GO (6 to 10 years) - Competition**

Location: Pinks Regional Netball Facility, 123 Liverpool Road, Kilsyth

Session duration: 1 competition match (4 quarters)

Registration Link: Please enquire via email

montrosenetballclub@gmail.com

Registration links will be provided individually to register via the online Netball Connect platform. If you are experiencing any problems registering with the online process, please don't hesitate to contact our club who are happy to assist with the registration process.

New players welcomed for our competition program.

Any questions can be directed to:

Marina Jean (President)

Phone: 0492 835 755

Email: [montrosenetballclub@gmail.com](mailto:montrosenetballclub@gmail.com)

or visit: <https://vic.netball.com.au/woolworths-netsetgo>

Please refer to the following two pages containing information about the NetSetGO program for 2026.





## Information on the programs:

Woolworths NetSetGO is a fun, safe, social and active program for players turning 5 to 10. It gives children of all abilities a positive introduction to netball and teaches them the basic skills of the sport. Woolworths NetSetGO is divided into three tiers; **Net**, **Set** and **GO** meaning that participants develop skills at a pace that's right for their age and ability. Participants will take part in skill-based activities, minor games, and modified match play that will help them develop fundamental movement skills, as well as important social skills. The weekly program is coordinated by accredited coaches to ensure a quality experience for all participants.

**Net (5 to 6 years) - Activity / Skills - Run by LYVNA**

**Set (7 to 8 years) - Activity / Skills - Run by LYVNA**

**Learn netball related fundamental motor skills with fun games and skills sessions**

The activity / skills program consists of 2 tiers - **Net** and **Set**. This program is designed for brand new players. The ages mentioned with each tier are not strict, more of a guideline for parents, centres and coaches.

The skills taught include:

- Balance and co-ordination
- Jumping/Hopping/Leaping
- Throwing
- Introduction to the game of netball
- Movement
- Catching
- Footwork (Basic netball skills)
- With an emphasis on FUN.

All participants can redeem a NetSetGO participant pack - Woolworths NetSetGO t-shirt and Woolworths size 4 netball. The NetSetGO membership cost for the winter and spring 2026 seasons is \$99 (includes player insurance paid once per year) with an additional local club cost which will be notified by our club on our registration paperwork. Session day and time will be updated / advised once court availability is known at our training courts.

Participants are required to register their Netball Victoria Membership ("NVM") online in order to be able to participate. Payment to be made online at the time of registering. Players can register at any time during the season, subject to availability.

Participants are to wear comfortable clothing (NetSetGO t-shirt once received or a t-shirt, shorts or leggings and a warm top for cooler weather) and bring a drink bottle for Net & Set.



## GO (6 to 10 years) - Competition

Be a part of modified netball games with a focus on fun and teamwork

The competition program consists of 1 tier - **GO**. This program is designed for brand new or existing players. The ages mentioned with each tier are not strict, more of a guideline for parents, centres and coaches.

The **GO** competition program is incorporated into the LYVNA 9 and Under competition. Entry into this competition is done by registering through local clubs. Please contact our club to join one of our teams in the 9U competition. Minimum age requirement is that players must turn 6 prior to the last day of the current season playing.

The skills taught include:

- Catch, pass and throw a ball
- Pivot and change direction
- Play a basic game of netball
- Make new friends
- Take off and land
- Shoot for a goal
- Work and communicate as part of a team
- With an emphasis on FUN.

All participants can redeem a NetSetGO participant pack - Woolworths NetSetGO t-shirt and Woolworths size 4 netball. The NetSetGO membership cost for the winter and spring 2026 seasons is \$99 (includes player insurance paid once per year) with an additional local club cost which will be notified by our club on our registration paperwork.

Matches are played on a Saturday morning any time between 8:30 am and 10:30 am (times to be confirmed). Winter season runs from Saturday 28<sup>th</sup> Feb 2026 to Saturday 29th August 2026 Spring season runs from Saturday 10th October 2026 to Saturday 12th December 2026.

### Key Points For Registering:

#### Net (5 to 6 years) - Activity / Skills

#### Set (7 to 8 years) - Activity / Skills

- ✓ Not currently available - enquire at LYVNA to join their program -  
<https://www.lyvna.com.au/netsetgo-net-set-program>

#### GO (6 to 10 years) - Competition

- ✓ Program paperwork to be completed through the new online Netball Connect platform.  
[\[refer to Montrose Netball Club website\]](#)
- ✓ NVM and club fees to be paid through our Club by online payment
- ✓ Purchase an A-line club dress either new or second hand  
[\[refer to Montrose Netball Club website\]](#)