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## Netball for all

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By Casey Neill

Netballers of all abilities can get on-court through a new program in Montrose.

Players from Healesville, Seville and Montrose have already signed up for the All Abilities Netball Program, which is designed to include people with physical or intellectual disabilities.

Montrose Netball Club held a 'come and try day' on Friday 25 May and will hold free fortnightly netball skills clinics for all abilities from Friday 24 August, from 4pm to 5pm.

Secretary Sue Reynolds said the club found a lack of all-ability netball programs in the Yarra Ranges area.

She said a number of committee members were excited to be involved and had attended a Netball Victoria and Special Olympics All Abilities inclusive coaching forum to gather advice, to share best practices, new ideas and knowledge with other attendees, and participate in a hands-on clinic.

The club has also been liaising with Yarra Ranges Council, Melba Services and Netball Victoria.

"Looking to the future, it would be great to see an All Abilities netball tournament hosted locally," Ms Reynolds said.

"Both my children helped out at the activity session and enjoyed themselves as well.

"It was great to see participants laughing, smiling and enjoying themselves.

"I also enjoyed interacting with the parents and carers afterwards while having afternoon tea."

Participant Adam Forbes, from Healesville, said he was looking forward to attending again.

"Everyone put so much effort into the day and the ball games were great fun.

"Mum can't believe how well I passed the ball.

"I have been practicing when I go to the gym.

"I would love to learn some more.

Volunteer Ellie Ingwersen said participating was one of the best things she'd ever done.

"The joy on the participants' faces and their enthusiasm was heart-warming."

The sessions will be held at Montrose Recreation Reserve, 950 Mount Dandenong Tourist Road, Montrose.

Call Sue Reynolds on 0412 430 499 or email [montrosenetballclub@gmail.com](mailto:montrosenetballclub@gmail.com) for more information.



Adam at the come and try day.

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