



All Abilities Netball Program

Fortnightly Netball Skills Clinics (Winter 2025)

All Abilities Netball provides the chance for people with a physical or intellectual disability of any age to participate directly or indirectly in local clubs and associations.

Run by accredited coaches (with working with children checks). The focus will be basic skill development in a **fun** and **friendly** atmosphere.

No previous netball experience is required.

Come and try session welcomed.

Dates: **Fridays: 25/7, 8/8, 22/8,
12/9, 19/9, 10/10, 17/10,
31/10, 14/11 & 28/11**

Time: 4:00 to 4:45 pm (Activities Session)
4:45 to 5:30 pm (Skills Session)

Location: Kilsyth Basketball Stadium
123 Liverpool Road, Kilsyth

Cost: Free

What to Bring: Please wear comfortable clothing
and runners. Water bottle if required.

More Info: www.montrosenetballclub.com 'All Abilities' menu tab

Enquiries: Julie McDonald (0407 056 024) or montrosenetballclub@gmail.com



Promoting disability inclusion in sport

If interested in participating: Email or phone with your name and contact number

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