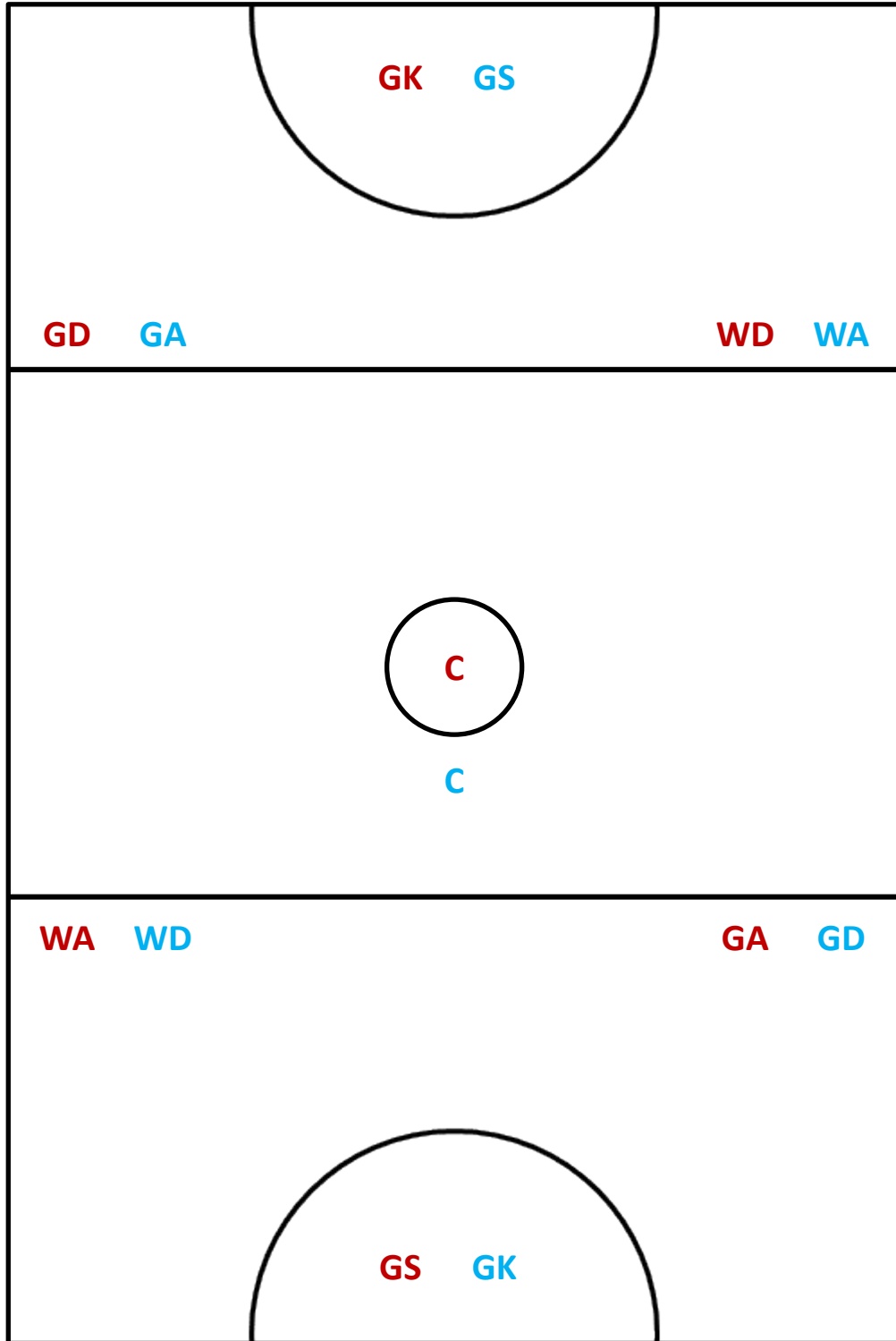




Starting Positions For Each Centre Pass

Team B Goals



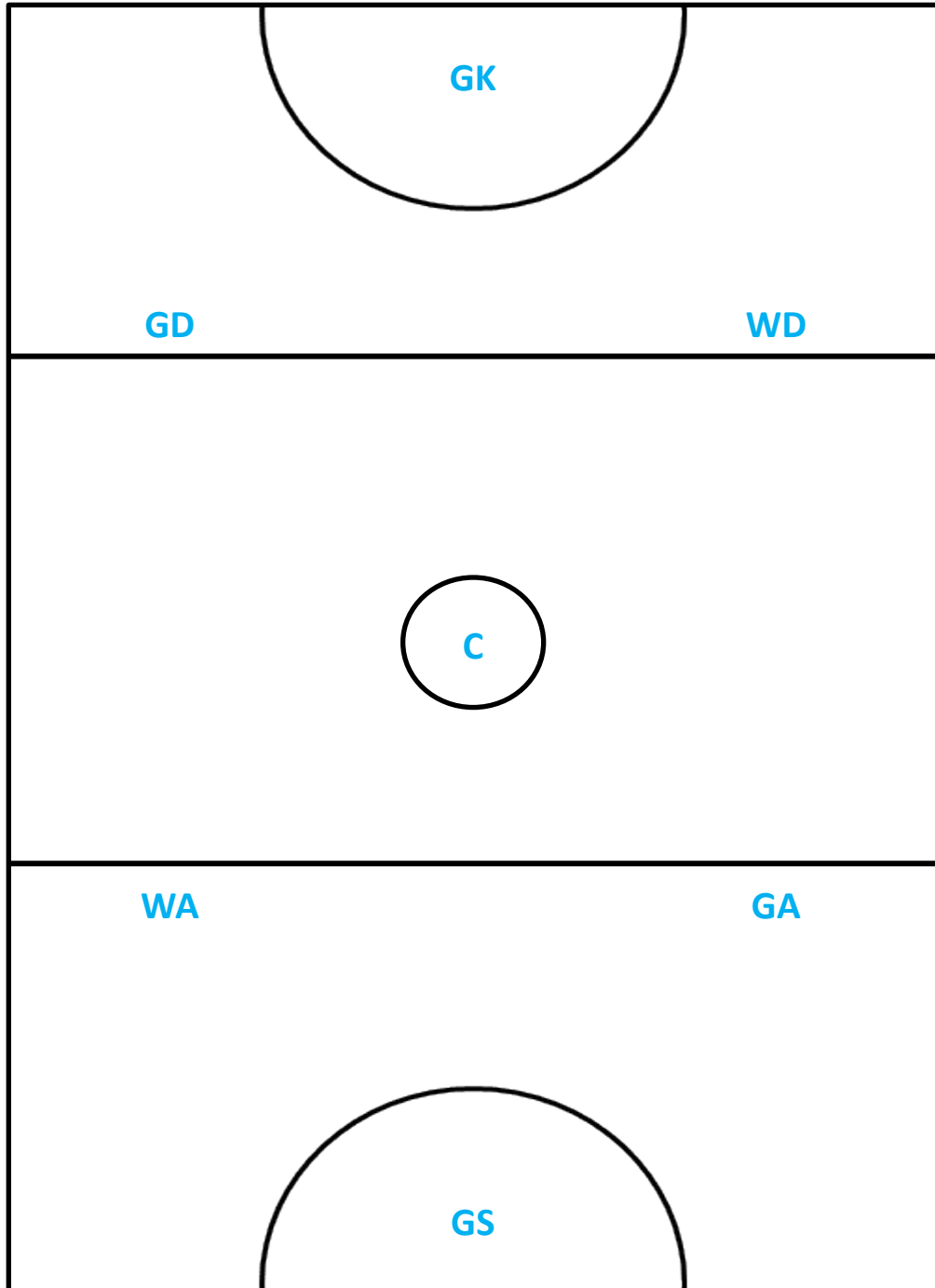
Team A Goals

Red Text: Team A

Blue Text: Team B

Centre Pass Explained

- At the start of each quarter and after every goal, the ball starts from the Centre ("C") position.
- Each player must be back in their position by the time the umpire blows the whistle.
- Only the "C" players are allowed in the centre third before the whistle is blown by the umpire.
- The first pass must be caught in the centre third.

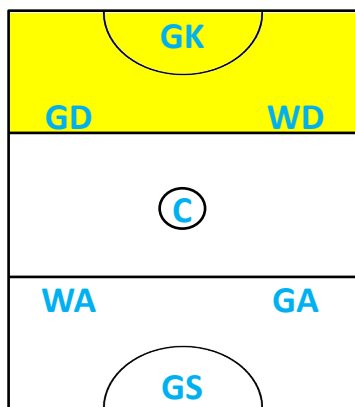


Netball Positions Explained

(the yellow shaded area is where each position is allowed to go)

GK

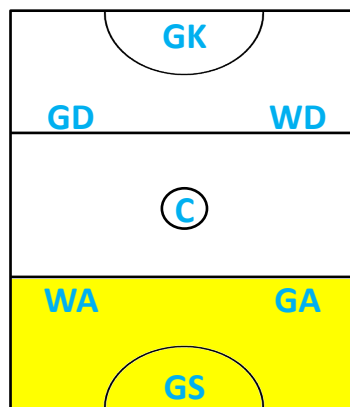
**Goal Keeper
(defender)**



Montrose Goals

GS

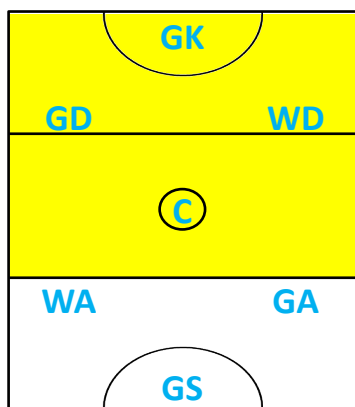
**Goal Shooter
(goaler)**



Montrose Goals

GD

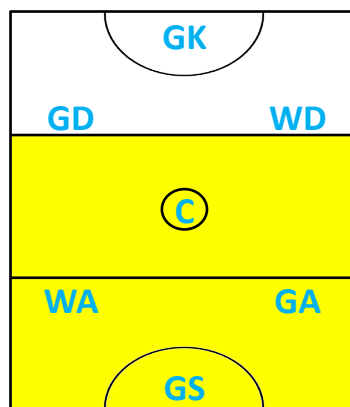
**Goal Defence
(defender)**



Montrose Goals

GA

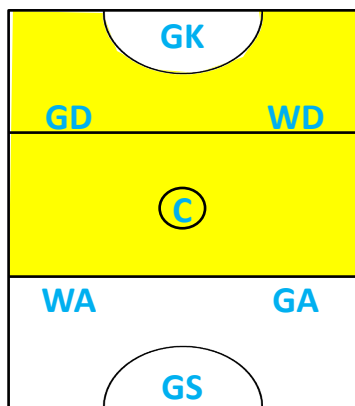
**Goal Shooter
(goaler)**



Montrose Goals

WD

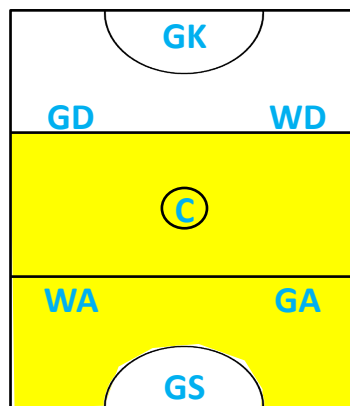
**Wing Defence
(defender)**



Montrose Goals

WA

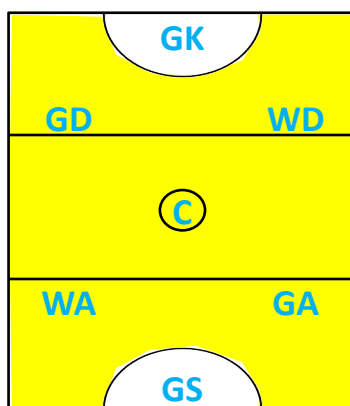
**Wing Attack
(attacker)**



Montrose Goals

C

**Centre
(attacker & defender)**



Montrose Goals